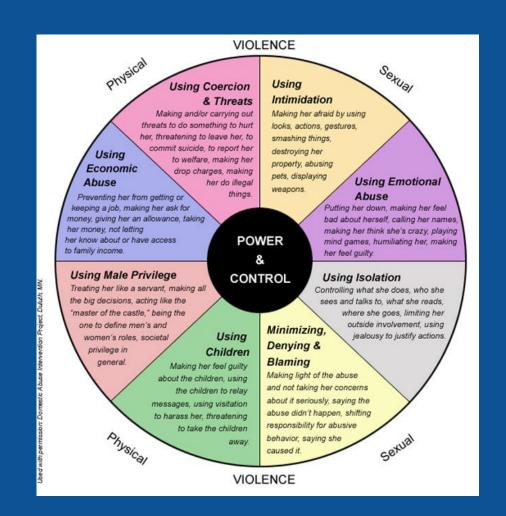
# Serving Domestic and Sexual Violence Survivors Who Are Homeless



Amanda Molé, MSW, Registered Clinical Social Worker Intern Dawn Center Domestic & Sexual Violence Services

# Context: Power and Control

- ☐ Wheels are available for other types of relationships and in other languages.
- See <u>duluthmodel.org/wheels</u> for more information.



#### Who is affected?

Women\*

Immigrants\*

Men

People with disabilities\*

Boys\*

Any socioeconomic class

Girls\*

People with mental illness\*

**Pets** 

People who are homeless

LGBT people\*

Transgender people\*

Older adults\*

Any religion



\*Statistically greater chances of being victimized

## Trauma-Informed Care: Physical Effects

Unintended pregnancy

Miscarriage

Traumatic brain injury (TBI)

Vaginal and anal injury

Strangulation

Sexually transmitted infection (STI)



Bruises, lacerations, welts

Broken bones

Burns

Missing hair or teeth

Facial injury (black eyes, split lip, etc.)

# Trauma-Informed Care: Emotional & Behavioral Effects

Hypervigilance Sleep disturbance Suicidal ideation

Intrusive memories Reckless or risky behavior Substance abuse

Flashbacks Difficulty concentrating ASD/PTSD

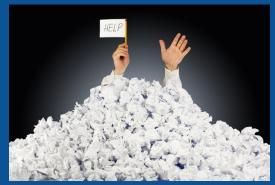
Depressive symptoms Anger or irritability Agoraphobia

Anxious symptoms Distorted cognition Fatigue

Dissociation Abuse of children or pets Weight loss or gain

Psychosomatic symptoms (headaches, stomach pain, muscle tension)

#### Trauma-Informed Care: Functional



Diminished ADL's

Inability to get or keep a job

Inability to manage financial obligations

Inability to care for one's children, pets, or residence

Difficulty managing health care plan or case plan



#### Effects on children



- Regressive behaviors
- Violence with siblings or classmates
- Truancy
- Substance abuse

# Child victims and housing considerations

- Does non-offending parent need further support, either in home or in office?
  - Child maltreatment
- Address confidentiality
- Visitation, custody, and parenting plans
- Truancy support



# Safety planning

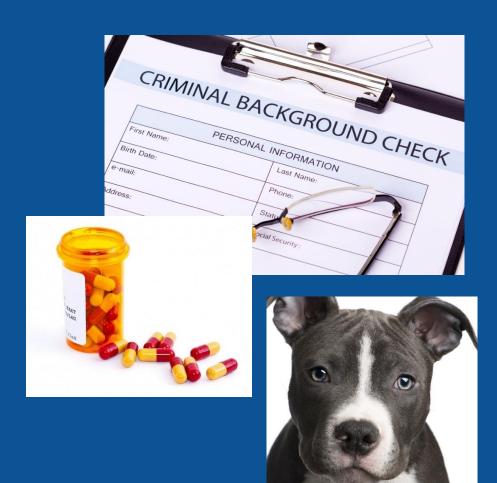
### THIS IS ALWAYS STEP ONE.

Please refer to the template in your handouts.



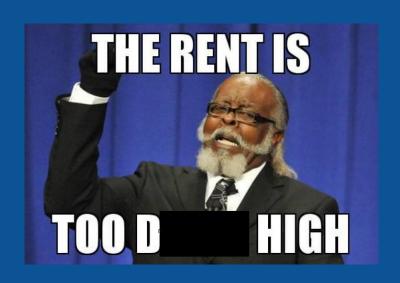
# Barriers to safe housing

- Lack of family or community support
- Financial/economic abuse
- Lack of reliable transportation
- Substance use
- Criminal record
- Poor credit
- Need for pet-friendly housing
- No job or marketable skills
- Chronic mental/physical health issues



#### Client-centered services: Prevention

- Assessment: Who qualifies for prevention/at-risk services?
  - o Any documentation required?
- Discuss history of evictions, credit, income, survivor strengths and supports
- Discuss client needs (access to schools, public transportation, etc.)
- Determine amount and length of rental assistance
- Other services wanted or needed (child care, trauma counseling, job search support, etc.)

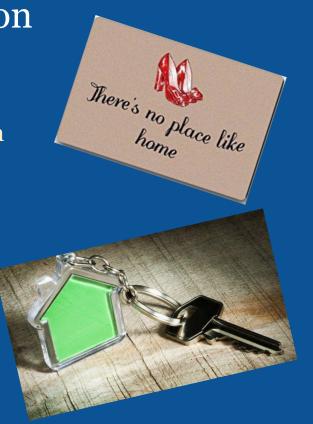


#### Client-centered services: Intervention

 Is shelter stay required for entrance into housing program?

• Does survivor qualify for ACP while in this program (if desired)?

- If the survivor does not want or qualify for ACP, how will child visitation issues be handled?
- Offer all services that would be offered in prevention program.
- Wild card: What if the abuser finds the victim?
  - Don't forget to update the safety plan





'I finally feel free."



- Ohio Advocate

# Questions??



Feel free to contact me if you have any further questions or would like electronic copies of handouts:

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