Community Health and Wellness

Mobile Integrated Healthcare Partnered with Supportive Housing

A Collaboration of the William K. Warren Foundation and The Mental Health Association Oklahoma

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Mental Health Association Oklahoma

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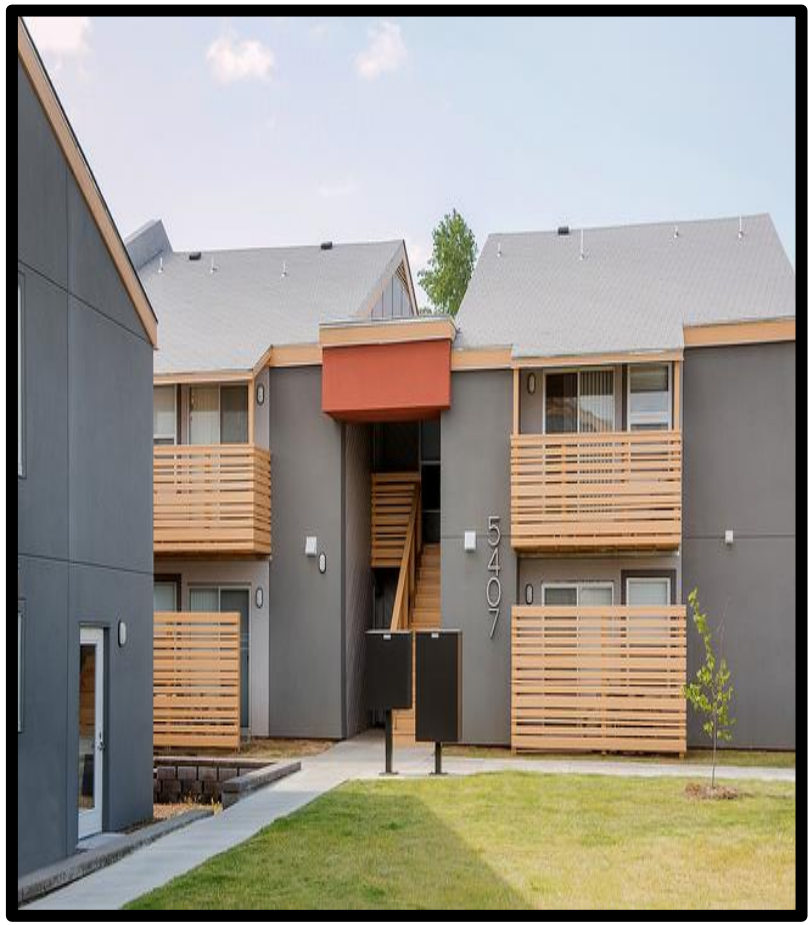
Cedars Apartments



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Brighton Park Apartments

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Sheridan Point

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Baltimore Apartments

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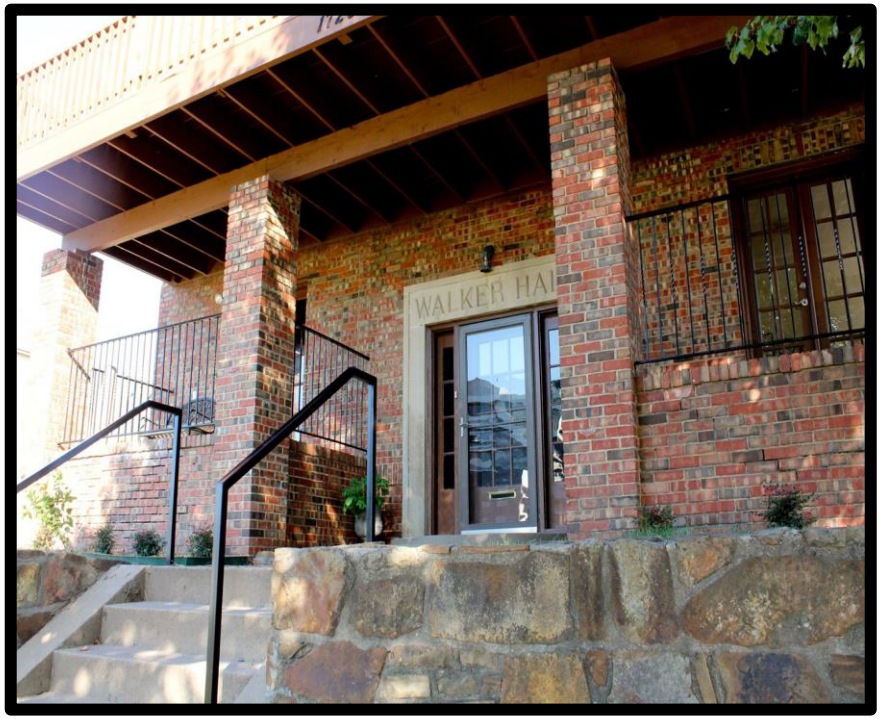
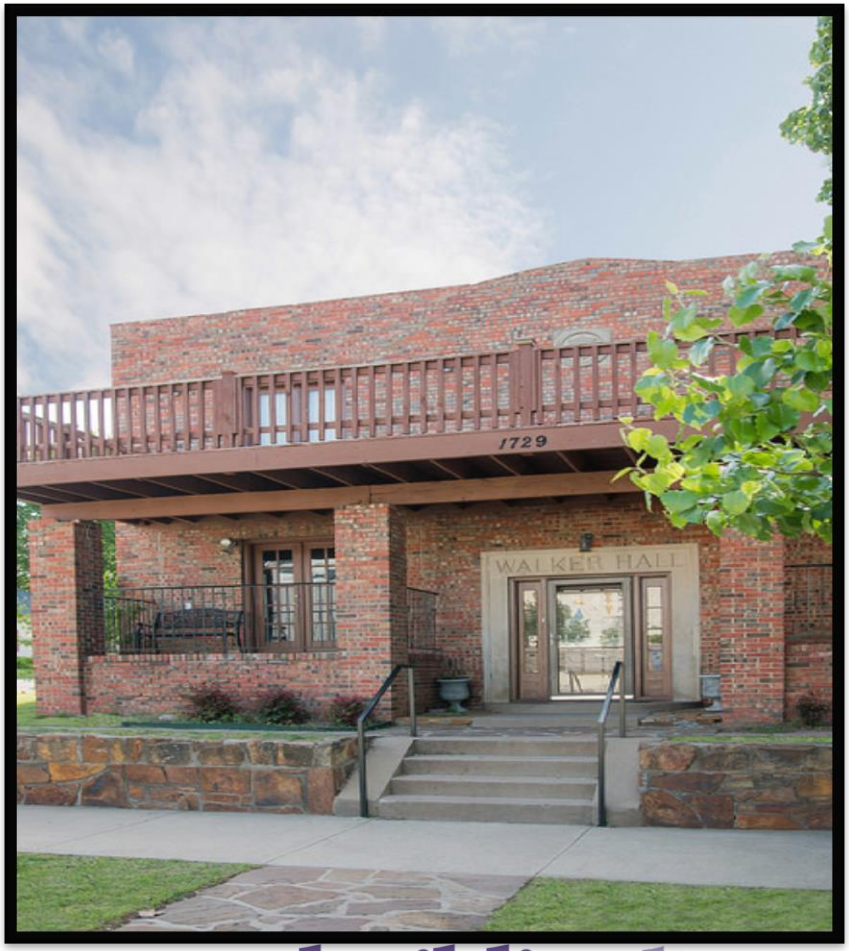
Walker Hall Apartments





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Altamont Apartments

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The Bradstone Apartments

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Indianapolis Apartments

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Terrace View Apartments

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Belle Arms Apartments

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Ranch Acres Manor

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Charan Apartments

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Velda Rose Apartments

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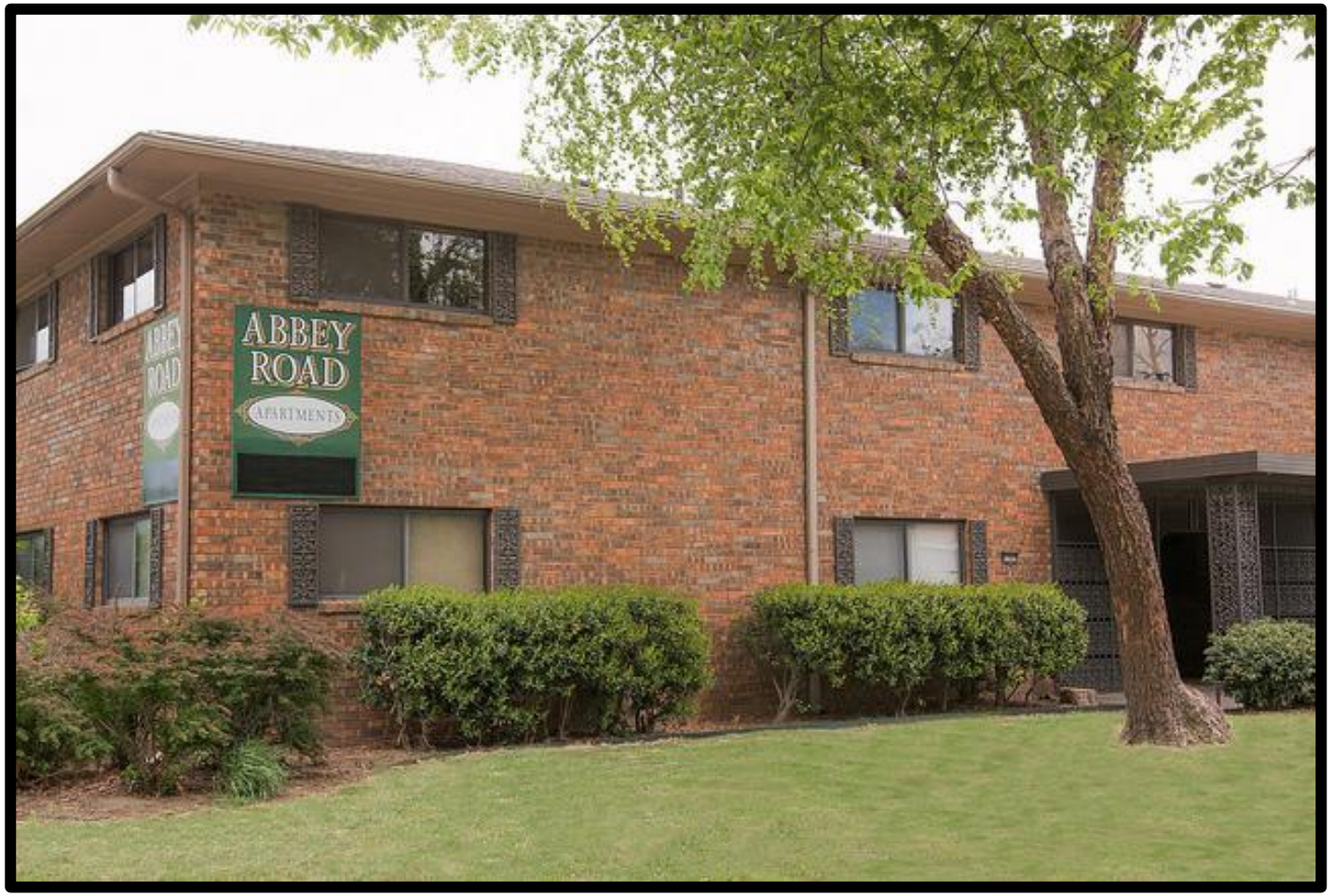
Abbey Road Apartments



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Autumn Ridge Apartments

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Yale Apartments

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Pheasant Run Apartments

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Lewiston Apartments

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31st Plaza

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Community Health & Wellness Program

A Collaboration Between
The William K. Warren Foundation and
Mental Health Association Oklahoma

Come by and visit us today! Learn more at **mhaok.org/wellnessprogram**

MENTAL HEALTH ASSOCIATION OKLAHOMA

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Programmatic Context

- Target population housed in permanent supported housing
- People who are formerly homeless
- People affected by serious, untreated mental illness, addiction and trauma
- Historic absence of mental health and physical health care, regardless of benefits

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Community Health and Wellness Team

- Physician Assistant: Whitney Phillips
- LPN: Jacki Sauter
- Service coordinators, consulting psychiatrist & family medicine provider

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What do we do?

- Assess Mental Health Association Oklahoma program participants for eligibility.
- Provide ongoing primary care for participants who qualify for our integrated care model
- Provide transitional primary care/referrals/community resource links
- Provide urgent care to Mental Health Association Oklahoma residents and homeless drop in center

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Program Eligibility

- Live in program housing
- Have service coordinator
- Documented serious mental illness
- Must meet one of physical health conditions:
  - type 2 diabetes OR
  - uncontrolled hypertension
  - statin eligible/elevated ASCVD risk

Ongoing Primary Care

- insured AND uninsured
- meet with individuals twice monthly in their home
- provide access to lab-work/ medications/ medication management/referrals to specialty care
- 24/7 access to PA and nurse
- bimonthly team staffing of patients

Transitional Care

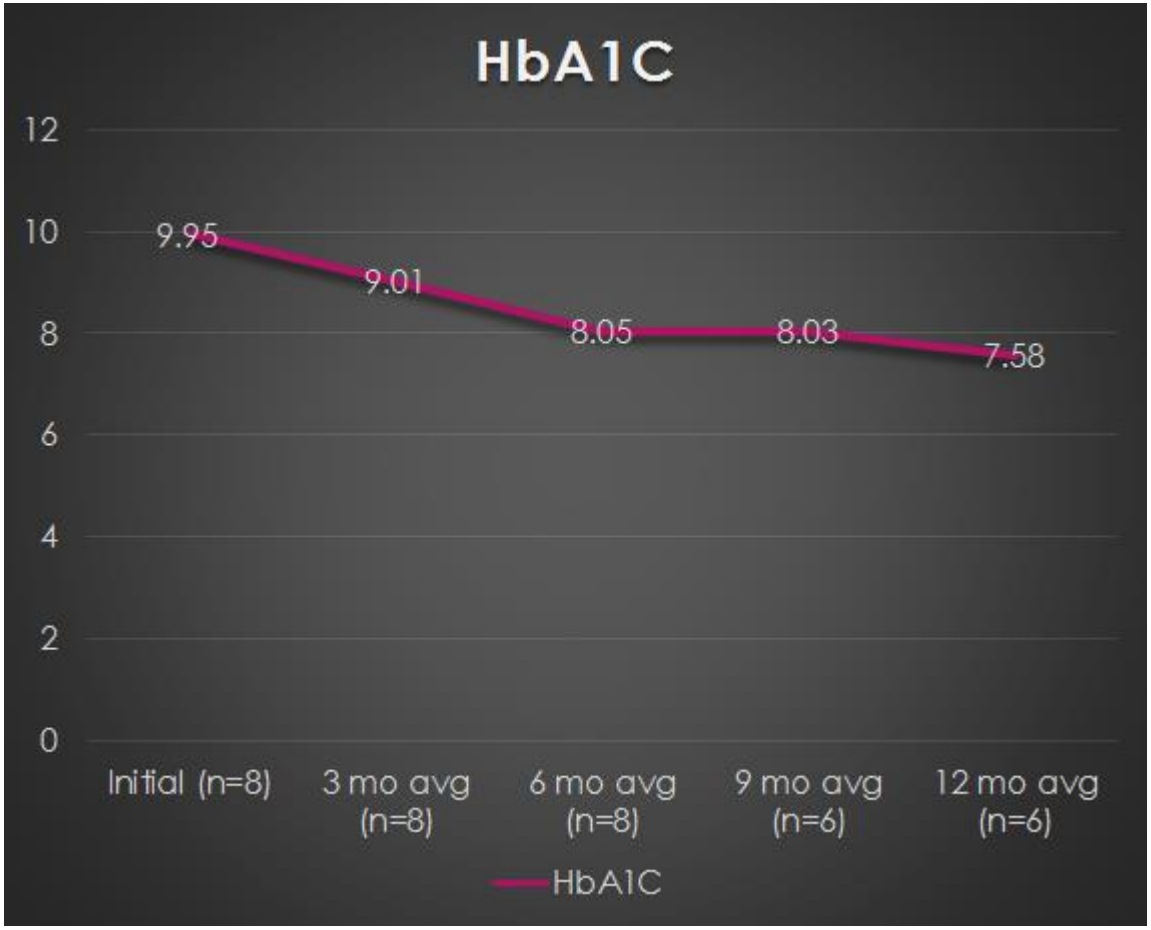
Individuals who fall into the “gap”...

Urgent Care

- Provide urgent care to program participants of Mental Health Association Oklahoma
  - market rate renters on property site
  - homeless individuals at drop-in center

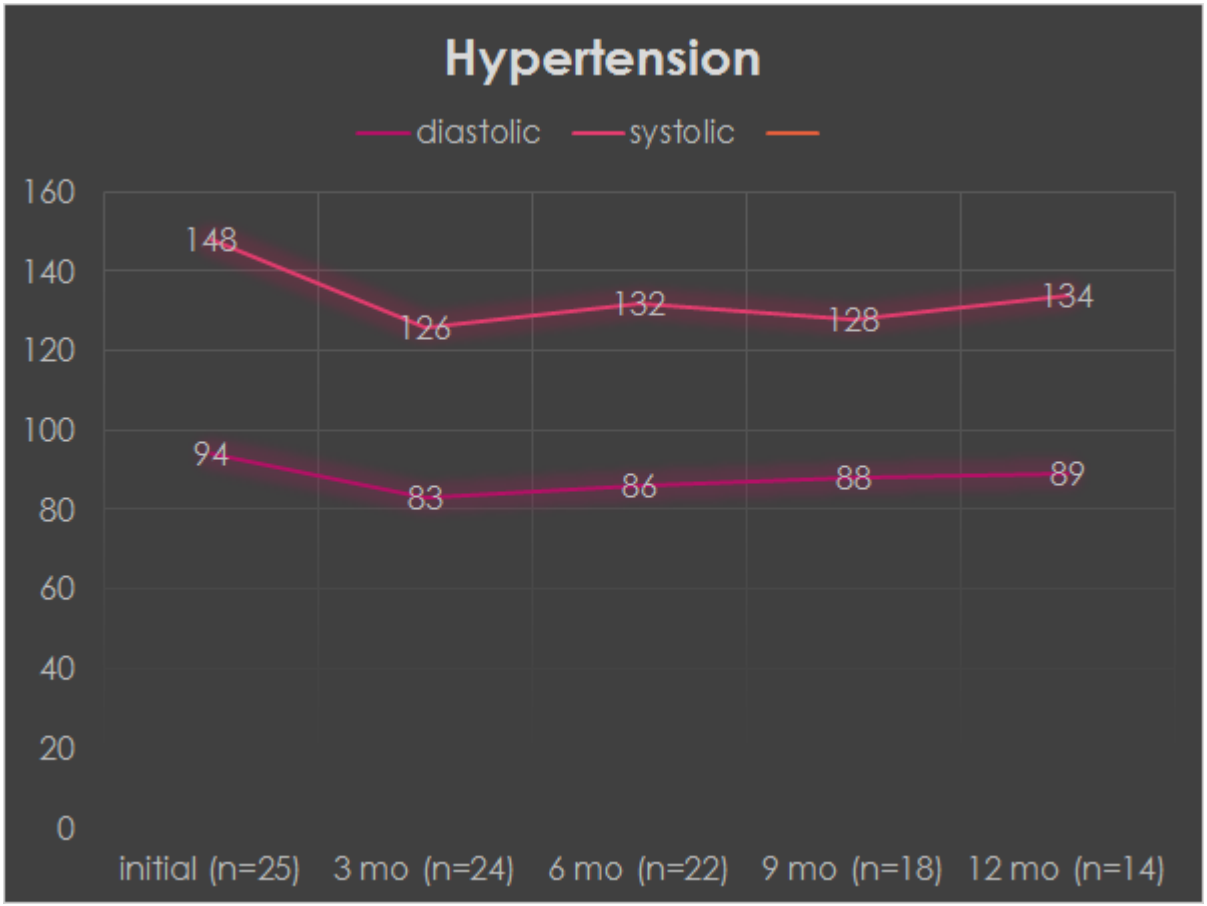
HbA1C Outcomes

- 7 enrollees with Type 2 DM (A1C 6.5 or >)
- 6 enrollees with Pre-DM (A1C 5.7-6.4)
- Decreased avg A1C from 9.95 to 7.58
- Greatest Reduction with individual patient: HbA1C 13 to 6.1 with 12 mo. treatment



Hypertension Outcomes

- 25 patients currently enrolled with diagnosis of hypertension
- Average BP upon enrollment: 148/94
- Average BP 3 mo: 126/83
- Average BP 6 mo: 132/86
- Average BP 9 mo: 128/88
- Average BP 12 mo: 134/89
- Goal: <140/90

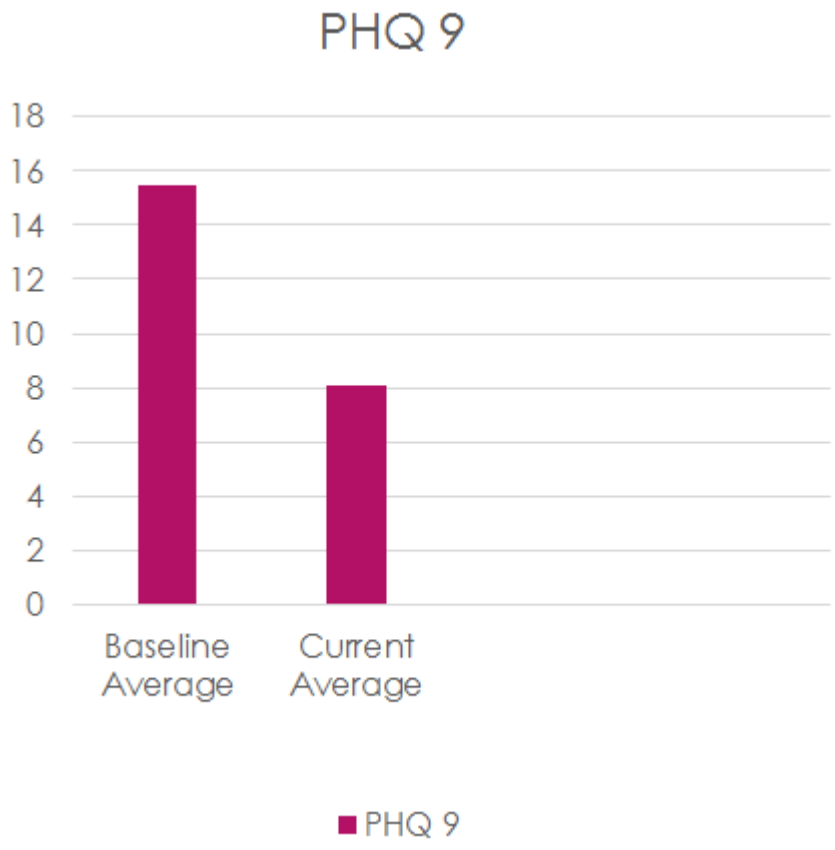


ASCVD Risk Reduction

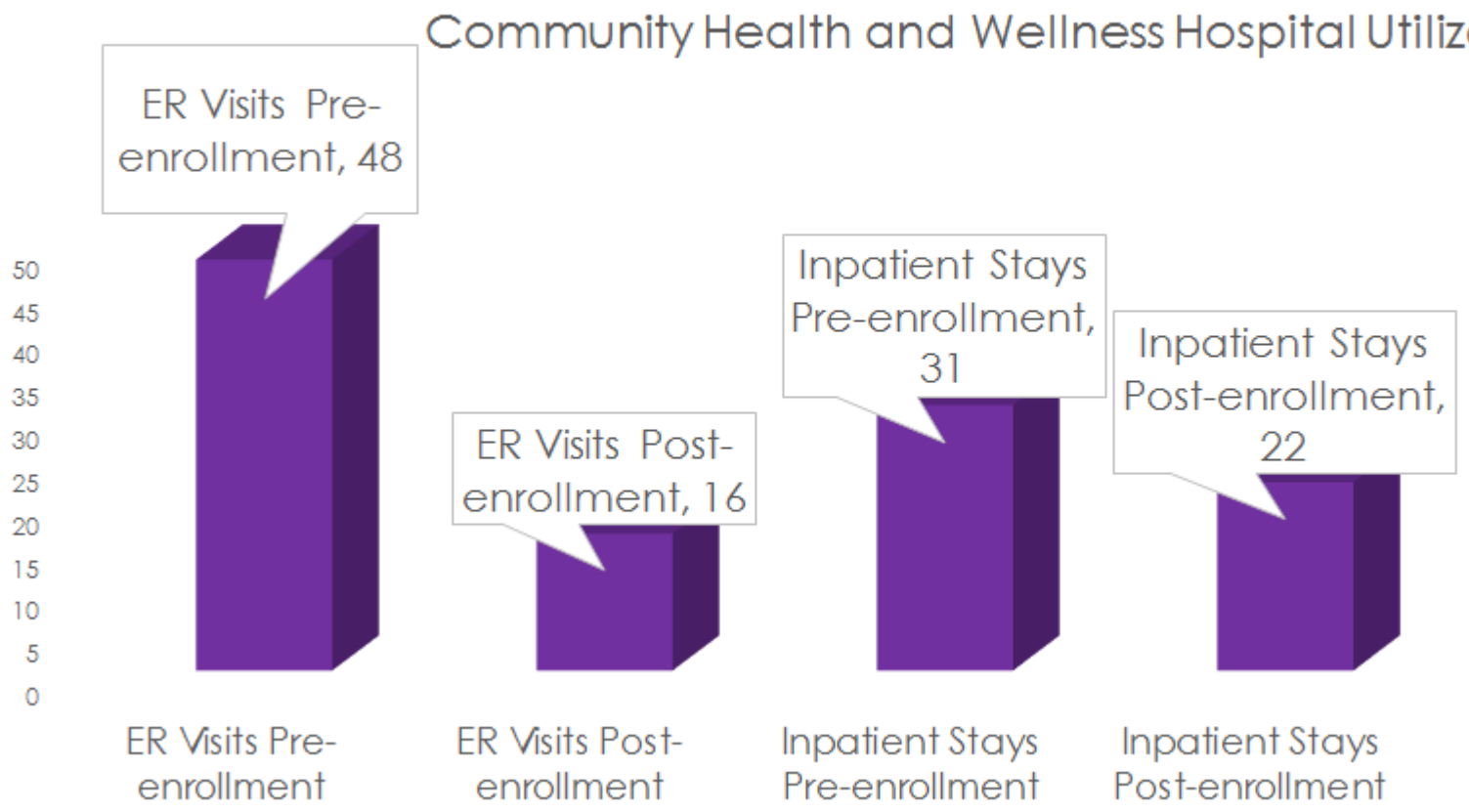
Statin Intervention	initial ASCVD risk	post statin therapy ASCVD risk	Risk reduction
pt 3	15.8	8	-49%
pt 4	12	8	-33%
pt 5	25	19	-24%
pt 6	32	24	-25%
pt 7	27.5	18	-35%
pt 11	16.7	11	-34%
pt 12	27.9	17	-39%
pt 18	8.2	6.1	-26%
pt 20	16.8	11	-35%
pt 21	19.3	14.5	-25%
pt 25	9.9	7	-29%
pt 27	15.3	7	-54%
pt 29	25.7	16	-38%
pt 30	31	23.6	-24%
pt 34	13.6	13.6 (no intervention)	0
pt 35	16.9	12.1	-28%
pt 37	14.4	10.8	-25%
pt 38	12	9	-25%
pt 39	15.33	10.1	-34%
pt 40	17.4	17.4 (no intervention)	0%
average	18.64	13.16	-28%

PHQ 9 Baseline Avg and Current Avg

- 20 primary care patients currently treated for depression
- Baseline average (n=18) pre-treatment: 15.5
- Current Average(n=18) post-treatment: 8.05
- **% reduction in PHQ 9 scores: 48%**



ER/Inpatient Utilization Pre and Post Enrollment



Urgent Care Visits

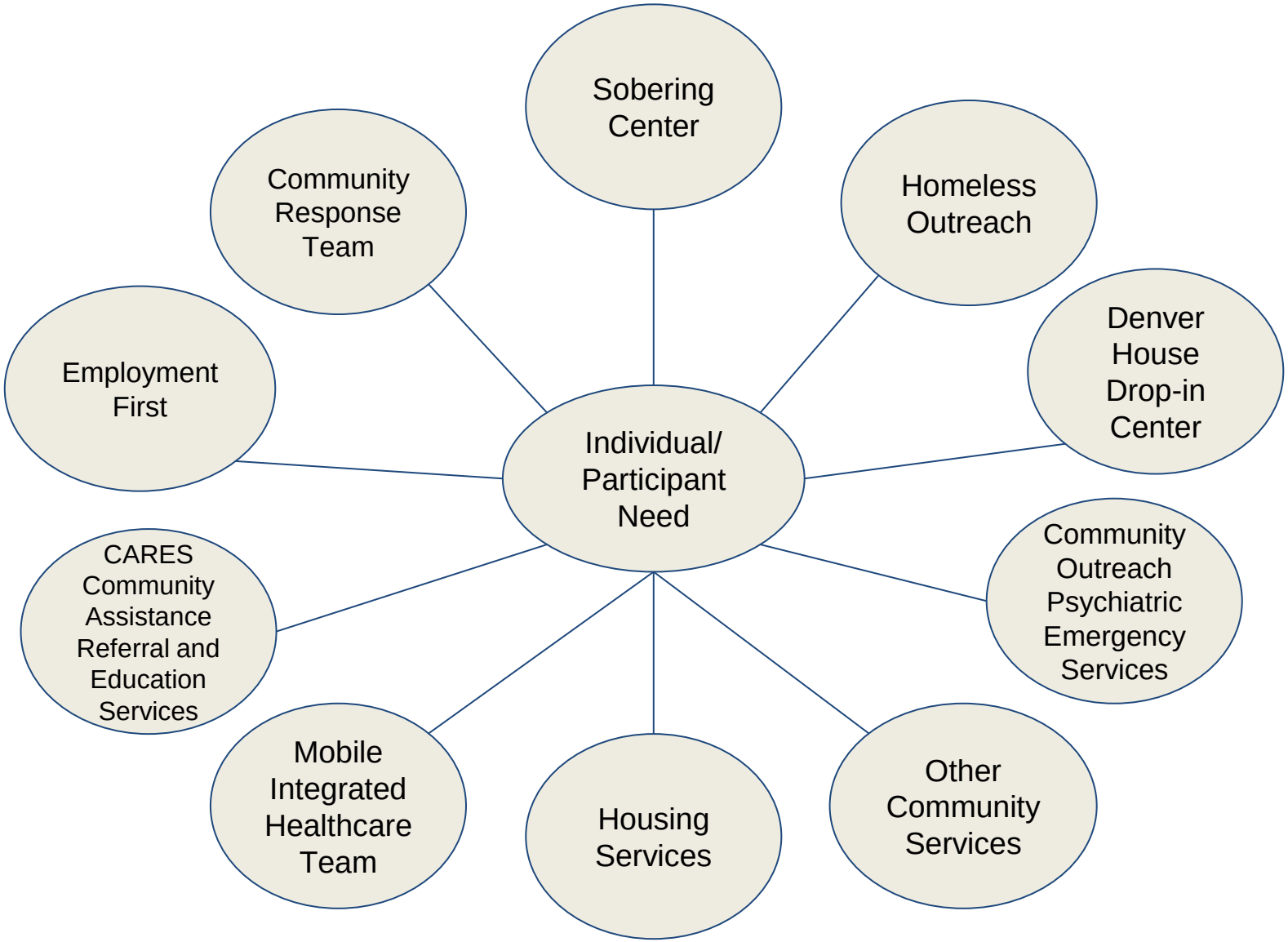
> 200 urgent care visits since program inception

Next Steps/Future Endeavors/Model Morph (yr 4)

Next Steps/Model Morph (Year 4)
Mobile Integrated Healthcare Team

- ❑ Triage, Assessment, and Referral
- ❑ Urgent Care
- ❑ Transitional Primary Care
- ❑ Dental Care
- ❑ Fully Mobile
- ❑ Total Integrated Model

Toward an Integrated Healthcare Model



Questions?