# From the HEART: Housing First and Family Well Being

**HFPC** 

Tuesday April 10<sup>th</sup>, 9:00 – 9:50 am



Join **CSH** in our campaign to keep families safely and stably housed together under **One Roof**.





Visit 1rooffamilies.org





**Endorse the campaign** 



Join our Network



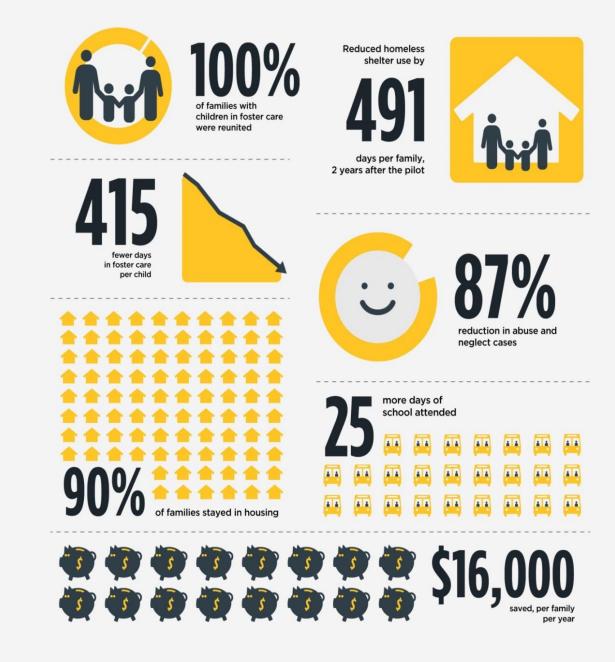
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#### KFT Results

Housed and provided supports to 29 families in New York City.

Positive outcomes for families and children.

Offered a brighter future for parents and kids.



#### National Family Supportive Housing Demonstration









## Family Context Indicates Need for Collaboration

High rates of homelessness and housing instability:

- 41% literally homeless
- 35% unstably housed
- 45% have history of frequent moves
- 42% have history of past literal homelessness

Across sites, primary caregivers have high needs:

- High rates of mental health issues (58%)
- High rates of substance use (48%)
- High rates of criminal justice involvement (49%)
- High rates of domestic violence (32%)
- High rates of children with high needs (27%)

## High Rates of Recurring CW Involvement

- 73% had prior reports of abuse or neglect.
- 42% had a history of child welfare services.
- 54% of the primary caregivers had a history of abuse or neglect.
- 25% of primary caregivers had experienced placement in foster care as a child.







#### **HEART**

(Housing, Empowerment, Achievement, Recovery, Triumph)

#### **Alliance for Sustainable Families**



#### **HEART Partners**

PARTNER	ROLE
KID, Inc. (Kids in Distress)	Lead Community Youth & Family Services Provider: Project Lead Agency; Clinical Case Management
ChildNet	Lead Child Welfare Agency: Referral & Triage Housing Coordinator
Broward Sheriff's Office	Lead Child Protection Agency: Referral & Triage
5 Public Housing Authorities	Housing Choice Voucher Provider & Liaison (50 Vouchers)
HOPE South Florida	Emergency & Transitional Housing
Urban League of Broward County	Economic Self-Sufficiency Provider
Legal Aid of Broward County	Legal Counsel & Guidance
Broward Health	Health Access, Education & Screening
Broward Addiction Recovery Center	Substance Abuse & Behavioral Health Support
Women in Distress	Domestic Violence Prevention
Broward County Homeless Initiative	CoC Lead Agency; CoC Access
Barry University	Local Evaluation
Group Victory, LLC	Planning, Implementation & Sustainability Support

#### **HEART Primary Services Team**

PARTNER	ROLE
KID, Inc.	Project Director 5 Clinical Case Managers (10:1 Ratio)
ChildNet	Housing Coordinator
Urban League of Broward County	2 Family Life Coaches
Legal Aid of Broward County	1 Family Attorney

#### **HEART Families**

N = 54 Families / 60 Adults 162 Children

- Prevention Families (N = 28)
- Reunification Families (N = 26)

(48%)

- Extremely Low Income: 30% of area median income (100%)
- Child Welfare Involvement (100%)
- At-Risk & Multiple High Needs (100%)
- Homelessness/Inadequate Housing/Housing Instability (100%)

#### **Reunification Outcomes**



Reunification				
# Children Reunified	# Families Reunified	Avg. Months to Reunify		
69	26	13.9		

Pending Reunification				
# of Children Pending Permanency	Children removed following HEART	Children who experienced Secondary Removals		
8 2 families	12 6 families	6 2 families		

#### **Family Well-being Outcomes**

#### Child Developmental Outcomes

Preliminary evidence shows HEART intervention positively impacts children's mental health with lower rule breaking and other externalizing behaviors for youth in treatment vs. control groups.

#### Family Outcomes

Significant reduction in the number of group home placements, and institutional placements for the treatment group as compared to the control group.

92.5% housing choice voucher retention creates a sense of security and stability.





## QUESTIONS?





















#### Contact Us

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### THANK YOU!



stay connected









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